

## Answers

1. What is the London Marathon?  
The London Marathon is a long-distance running race, welcoming runners of all abilities from all over the world.
2. Who created the London Marathon?  
John Disley and Chris Brasher created the London Marathon.
3. When was the first London Marathon?  
The first London Marathon took place on 29th March, 1981.
4. In the text, which word means 'making one feel happy, animated or elated'?  
'Exhilarating' means making one feel happy, animated and elated.
5. What did John Disley and Chris Brasher consider before planning the London Marathon?  
Before planning the London Marathon, John and Chris asked themselves: Did London have world-famous sites? Would spectators support the runners? Could Britain be the best when organising major events?
6. Which fact shows you that the first London Marathon was success?  
The fact that 20,000 people wanted to take part shows that the marathon was a success.
7. In your own words, explain where the term 'marathon' comes from.  
Answers should include reference to the Greek legend of a soldier running from Marathon to Athens with news of a great victory.
8. Which is the largest group of runners in the London Marathon?  
The largest group of runners are those running for charity - about three quarters of all runners.
9. Why do you think people choose to raise money for good causes?  
Answers may vary but could include reference to the challenge of the race, the community spirit or the fun.
10. Why is the achievement of John Farnworth quite so amazing?  
John's achievement is amazing because he managed to kick a ball along the entire route without it touching the ground even once.